



Changing Your Legacy

Volume 2, Week 8, Lesson 8

Tools to Conquer: Helmet of Salvation – getting God’s Word into your brain.

The Helmet of Salvation isn’t just a weapon for defense but for offense. Scripture should be memorized for spiritual-vision development. The ability to see the enemy isn’t just experiential. It involves the left brain and right brain working together. If you don’t have any memorized Scripture on the left side of the brain, the right side of your brain won’t have anything to work with. It’s important for you to see the enemy in the spirit; and that’s only possible when your left brain is engaged in Scripture and your right brain is engaged in spiritual truth. Jesus was able to confront Satan in the wilderness because God’s Word was in Him. So when the enemy tried to attack, Jesus could see and confront him.

The gift of non-condemnation: Jesus Christ paid the ultimate price for our sins, so we no longer have to live in shame and condemnation, eternally separated from God. The gift of non-condemnation gives us the freedom to stop sinning, because we finally understand God’s grace.

We get to fight this fight for a prize that last forever and ever and ever. – Dan Russell, 4 – time NCAA Wrestling Champion.

Tools to Conquer: Sword of the Spirit.

The machaira, with its double-edged razor sharp blades, was the most dangerous sword a Roman soldier carried. The Sword of the Spirit is the Rhema word of God. Rhema is a word or message from God about your life or a specific situation you’re going through – a prophetic promise that is uniquely yours. The sword is double-edged. One edge represents God speaking to you; the other edge is you speaking the Word against the enemy to take back what was stolen from you.

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SUMMARY POINTS

Sword of the Spirit:

- Rhema is a word or message from God about your life or a specific situation you’re going through – a prophetic promise that is uniquely yours.
- The Holy Spirit gives us rhema words that we can use to stand against the enemy’s spiritual, physical, emotional, and mental attacks.

The Holy Spirit, third Person of the Trinity, is our daily Mentor who will guide us into all truth. He empowers us to be conquerors. By relying on Him daily, we become transformed into the image of Christ. Learn to listen to the Holy Spirit.

There has to be a revelation which produces an impartation of the Holy Spirit; which brings a transformation in my thinking and a revolution in my lifestyle. When all of those come together, then a man changes. – Paul Cole

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SUMMARY POINTS

- Jesus refers to the Holy Spirit as the Spirit of Truth who will guide us into all truth (John 16:13).
- The Holy Spirit is our Mentor.
- “But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.” – Acts 1:8.

Epigenetics and generational curses: The study of epigenetics has revealed that the choices we make in life will alter how our genes are expressed. This study sheds new light on what the Bible refers to as generational curses and blessings. We can physically pass down our sins to our children and generations after us, or we can down blessings. What a man does becomes history; what he puts in motion becomes his legacy.

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SUMMARY POINTS

- Science now confirms Scripture. You will pass on your addiction to the third and fourth generations through epigenetic modification.
- ‘The LORD is slow to anger, abounding in love and forgiving sin and rebellion. Yet he does not leave the guilty unpunished; he punishes the children for the sin of the parents to the third and fourth generation’ Numbers 14:18 NIV.
- Your legacy depends on the choices you make today.

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Discussion

Watch DVD 3 of the Conquer Series Volume 2 before answering the following questions:

1. Tell about your own experience or that of someone you know who received a rhema word – a prophetic promise from God.

2. Dan Russell said, “We get to fight this fight for a prize that last forever and ever and ever.” In what way does this statement motivate you to continue fighting, to press on toward the prize?

3. What role does the Holy Spirit play in our daily lives and in conquering sexual bondage?

4. How can the decision we make today impact future generations?

Accountability

Note: If there are any new members in the group, have them read and sign the Memo of Understanding and Covenant to Contend before proceeding with this part.

Last week's 7 – Day Mission

1. How did you do with identifying your prophetic promises from God and speaking your promises out loud? What were your challenges and victories in this exercise?

2. Were you able to identify the limbic lies in your life? Were you able to replace these lies with the truth?

3. How did you do with trusting God this week? Did you recognize areas in your life that feel out of control? Were you able to trust God with these areas?

4. Did you implement any specific times of worship this week? Did you experience times of stress or potential relapse, where you used a weapon of worship to fight against the enemy? If so, share this victory with your Conquer Group.

7 – Day Mission Checklist – Week 8

Note: *The 7-Day Mission provides a concise weekly battle plan built on the key concepts in the DVD lesson for you to work out in your Conquer Series Study Guide and Journal. Additional exercises mentioned in the Conquer Series are suggestions for you to add on your own.*

- ☐ Practiced memorizing Scriptures; I have written scripture on a 3x5 card and/or bookmarked scripture on my smartphone.
- ☐ During my devotional time, I listened for the Holy Spirit to speak to me; I am prepared to share any new insights with my Conquer Group.
- ☐ Developing a healthy lifestyle through the use of my Conquer Series Journal, preparing for battle each night, and using my daily FASTER Scale.